



CHALLENGING & SCENIC COURSES...A GOOD CAUSE...SWEET RACE GEAR...GREAT FOOD & PRIZES

BLACKCANYONRACES.COM

**COLORADO'S TOUGHEST
SIX MILE ROAD RACE!**

35th Annual BLACK CANYON ASCENT
6 MILE RUN & NON-COMPETITIVE WALK

SATURDAY, MAY 15, 2010

@ the junction of CO Hwy 347 & US Hwy 50
8:00 AM (RUNNERS) 7:30 AM (WALKERS)

Sponsored by the San Juan Mountain Runners & the Montrose Community Foundation

Entry Fee

\$35 until 4/30/2010

\$45 after 4/30/2010 and Day of Race

Information @ blackcanyonraces.com or slshine@me.com

REGISTRATION FORM

PRINT:

First Name _____ Last Name _____

Age (on Race Day) _____

E-mail _____

Address _____ City, State _____

Sex: Male _____ Female _____

Technical Running Shirt Unisex Sizes

X-Small _____ Small _____ Medium _____ Large _____ X-Large _____

Pre-Register by April 30 for guaranteed shirt size!

Friday Night Packet Pick-Up: Location TBD

Race Day Registration, 6:30 – 7:45 AM

Send checks payable to the *San Juan Mountain Runners (SJMR)*

631 S. 2nd Street
Montrose, CO 81401

There is a risk associated with running events. I recognize and assume that risk.

Signature

Date